

B A B U C H O

† Healthier Choices †

HIGH PROTEIN - LOW CARB - PALEO - NUTRITION
MENU DEVELOPED IN ASSOCIATION WITH MODEL HEALTH PERFORMANCE
WWW.MODELHEALTHPERFORMANCE.COM

STARTERS

OVEN ROASTED
KING PRAWNS
With chilli & garlic butter
7.50

ROAST MUSHROOM & GOATS
CHEESE (N)(V)
With rocket and pesto
6.50

CARPACCIO
Tenderised raw beef fillet,
with rocket & olive oil
7.50

COURGETTE 'PASTA' & SALADS

KING PRAWNS
Tomato &
Dill sauce
10.95

BEEF MEATBALLS
Beef meatballs
& tomato ragu
9.50

CAPRESE SALAD
Buffalo mozzarella, vine plum
tomatoes & pesto
5.95 / 9.95

FISH & CHICKEN

SEABASS
GREMOLATA
Lemon garlic & parsley rub
& rosemary potatoes 17.50

CAJUN KING
PRAWN SKEWERS
Sweet potato fries
14.95

ROAST SALMON
Tenderstem broccoli
spicy sausage & chilli
butter 14.95

SPICED SEABASS
With mild curry spices,
coriander & curried
potatoes 17.50

LEBANESE
CHICKEN KEBAB
Sweet potato fries
14.95

FRESH FROM THE GRILL

FINE QUALITY 28 DAY HUNG 'GRAND RESERVE' BRITISH BEEF

'TOMAHAWK'STEAK
French trimmed bone-in rib steak
served with sweet potato fries
29.95

FILLET
Served with sweet
potato fries
24.95

RIB -EYE
Served with sweet
potato fries
22.95

NEW YORK STRIP SIRLOIN
Served with sweet
potato fries
22.95

SIDES ALL 3.50

HONEY GLAZED CARROTS
BUTTERED GREENS
HOUSE SALAD
ROCKET & PARMESAN
CHILLI TENDERSTEM BROCCOLI
ROSEMARY & GARLIC POTATOES

DESSERT

SORBET (N)
Lemon / Amaretto cherry (A) 4.95

COCKTAILS

ESPRESSO MARTINI
Vodka, Espresso
& kahlua
7.25

LONG VODKA
Vodka, lime, soda, bitters
& rosemary
7.25

ALL MEAT WEIGHTS ARE UN-COOKED. (V) DENOTES VEGETARIAN DISHES. (N) CONTAINS NUTS OR TRACES OF NUTS. DUE TO THE PRESENCE OF NUTS IN OUR RESTAURANTS, THERE IS A POSSIBILITY THAT NUT TRACES MAY BE FOUND IN ANY OF OUR ITEMS. ALL PRICES ARE IN £ AND INCLUSIVE OF VAT. AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR FINAL BILL.

B A B U C H O

Gluten Free Menu

STARTERS

RISOTTO CAPRINO (V)
Tomato & rosemary risotto with goats cheese
5.95

OVEN ROASTED KING PRAWNS
With chilli & garlic butter
7.50

CARPACCIO
Tenderised raw beef fillet, with rocket, parmesan
"Harry's bar" dressing 7.50

ROAST MUSHROOM & GOATS CHEESE (N)(V)
Pesto & pine nuts 6.50

CAPRESE SALAD (N)
Buffalo mozzarella, vine tomatoes & pesto 5.95

PASTA & RISOTTO

PASTA ALL'ARRABIATA
Spicy sausage & ragu 9.25

PASTA CARBONARA
Crispy pancetta in a parmesan
cream sauce with egg 9.25

PASTA POLLO PRIMAVERA
Chargrilled chicken breast, spring
vegetables, parmesan
cream sauce 9.25

PASTA SALMON
Smoked salmon, lemon
mascarpone, peas & asparagus
9.95

PASTA BOLOGNESE
Slow cooked beef & tomato ragu
9.25

PASTA & MEATBALLS
Beef meatballs & tomato ragu
9.50

PASTA KING PRAWNS
Sautéed king prawns,
chilli & garlic 10.95

RISOTTO FUNGHI (V)
Mixed mushrooms, herb
mascarpone & truffle oil 9.25

KING PRAWN RISOTTO
King prawns, baby prawns,
cherry tomato & chilli 10.95

RISOTTO CAPRINO (V)
Tomato & rosemary risotto
with goat's cheese 9.25

PASTA GENOVESE (V)(N)
Basil pesto cream sauce,
mushroom, goat's cheese
& pine nuts 9.25

PASTA NAPOLI (V)
Napoli sauce & chilli flakes
7.95

FRESH FISH & SEAFOOD

SEABASS GREMOLATA
Lemon garlic & parsley rub rocket
& parmesan salad 17.50

ROAST SALMON
Tenderstem Broccoli, Spicy
Sausage & Chilli Butter 14.95

CAJUN KING
PRAWN SKEWERS
rocket & parmesan salad
14.95

SPICED SEABASS
With mild curry spices & coriander
rocket & parmesan salad
17.50

OUR CLASSICS

8 HOUR LAMB SHANK
Potato puree & mint gravy
17.25

CRISPY DUCK
Confit duck leg, sticky red wine
sauce & potato puree 16.95

LEBANESE CHICKEN KEBAB
Rocket & parmesan salad
& garlic sauce
14.95

CAPRESE SALAD
Buffalo mozzarella, vine plum
tomatoes & pesto
9.95

FRESH FROM THE GRILL

FINE QUALITY 28 DAY HUNG 'GRAND RESERVE' BRITISH BEEF

'TOMAHAWK' STEAK
French trimmed bone-in rib steak
served with rocket & parmesan
salad 29.95

FILLET
Served with rocket &
parmesan salad
24.95

RIB -EYE
Served with rocket &
parmesan salad
22.95

NEW YORK STRIP SIRLOIN
Served with rocket &
parmesan salad
22.95

SURF & TURF

New york strip sirloin with king prawns in chilli & garlic butter
with rocket & parmesan salad 23.50

SIDES ALL 3.50

HONEY GLAZED CARROTS

BUTTERED GREENS

HOUSE SALAD

ROCKET & PARMESAN

CHILLI TENDERSTEM BROCCOLI

DESSERT

AFFOGATO (N)
Espresso, amaretto & vanilla ice cream
4.95

PANNA COTTA (N)
With summer berry compote
& fresh berries 5.75

ICE CREAM & SORBET

ALL 4.95

CHOCOLATE (N)

VANILLA (N)

STRAWBERRY (N)

LEMON SORBETTO (N)

AMARETTO CHERRY SORBETTO (N)