

# B A B U C H O

## Healthier Choices

HIGH PROTEIN - LOW CARB - PALEO - NUTRITION

MENU DEVELOPED IN ASSOCIATION WITH MODEL HEALTH PERFORMANCE  
WWW.MODELHEALTHPERFORMANCE.COM

### STARTERS

OVEN ROASTED  
KING PRAWNS  
With chilli & garlic butter  
7.95

ROAST MUSHROOM & GOATS  
CHEESE (N)(V)  
With rocket & pesto  
6.95

CARPACCIO  
Tenderised raw beef fillet,  
with rocket & olive oil  
7.95

### COURGETTE 'PASTA' & SALADS

KING PRAWNS  
Tomato and dill sauce  
with chilli & garlic  
11.95

BEEF MEATBALLS  
Beef meatballs  
& tomato ragu  
10.95

CAPRESE SALAD (N)(V)  
Buffalo mozzarella, vine plum  
tomatoes & pesto  
10.95

### FISH & CHICKEN

SEABASS  
GREMOLATA  
Lemon garlic & parsley rub  
& rosemary potatoes 17.95

CAJUN KING  
PRAWN SKEWERS  
Sweet potato fries  
15.95

ROAST SALMON  
Saffron risotto  
& gremolata  
15.95

SWORDFISH  
SKEWERS  
Saffron risotto &  
gremolata 17.95

LEBANESE  
CHICKEN KEBAB  
Sweet potato fries  
15.95

### FRESH FROM THE GRILL

FINE QUALITY 28 DAY HUNG 'GRAND RESERVE' BRITISH BEEF

'TOMAHAWK' STEAK  
French trimmed bone-in rib steak  
served with sweet potato fries  
29.95

FILLET  
Served with sweet  
potato fries  
25.95

RIB -EYE  
Served with sweet  
potato fries  
22.95

T-BONE  
Served with sweet  
potato fries  
29.95

LE CHATEAUBRIAND - TO SHARE  
Served with sweet potato fries, salad & steak garnish £49.95  
(Subject to Availability)

### SIDES ALL 3.50

HONEY GLAZED CARROTS  
BUTTERED GREENS  
HOUSE SALAD

ROCKET & PARMESAN  
ROSEMARY & GARLIC POTATOES  
SWEET POTATO FRIES

ALL MEAT WEIGHTS ARE UN-COOKED. (V) DENOTES VEGETARIAN DISHES. (N) CONTAINS NUTS OR TRACES OF NUTS. DUE TO THE PRESENCE OF NUTS IN OUR RESTAURANTS, THERE IS A POSSIBILITY THAT NUT TRACES MAY BE FOUND IN ANY OF OUR ITEMS. ALL PRICES ARE IN £ AND INCLUSIVE OF VAT. AN OPTIONAL 10% SERVICE CHARGE WILL BE ADDED TO YOUR FINAL BILL.